

Supporting children and adults with learning disabilities and their families

Nov 2018

A huge thank you to all the companies, groups, individuals and families who have helped with our fundraising over the last 6 months. Whether it's through a donation, a sponsored event, baking or volunteering it can and does make all the difference. Here are just some of the things that have been happening:

Robbie at the TSB in Dyce cycled from Dyce to Ellon and back as part of the TSB's Hike It Bake It Or Eat It Challenge and raised over £300.



Archway Dad Philip Machray and his dedicated team conquered the Banchory Beast for Archway and raised over £1000.

Archway Mum Lisa Thomson helped organize the Ferryhill Beer Festival and raised £1200 to purchase new TV's for Two Mile Cross.

EnQuest have continued holding their Office Bake Sales helping us raise over £3000 so far this year.

McGinty's once again entered a team in the Great Aberdeen Run and raised almost £4000.

Karl Lebidis and a friend, with support from his wife Therese completed the Trans 233 Cycle from Ardnamurchan Lighthouse on the west coast to Peterhead Harbour in a single day and raised almost £2000 for Archway.

Staff at O'Donoghue's organised a Music Night featuring a great line up of local bands and raised almost £500.



Our thanks to Union Square,
Aberdeen's largest shopping
centre, who awarded us a
£5,000 bursary. Sarah Erbanova,
Environmental and Community
Co-Ordinator of Union Square,
said: "We are delighted to support
a local charity like Archway, who
are committed to supporting
those with learning or physical
disabilities. We look forward to
seeing the bursary put to good use
within Archway's newly purchased
premise."



In May we purchased a property so we could develop our new supported living service. We have just launched our Archway @ St Margaret's Place Appeal - to raise £100,000 so that we can renovate the property for our first individuals to move into next year. We have had some welcome early support – but there is a long way to go so please help if you can.

For Help With Any
Fundraising Ideas
or Initiatives
contact our
Fundraising Manager
Vanine
on 07833 208089
email
Vanine.davies@archway.org.uk

News From The Units





Two Mile Cross

Wow, once again the year seems to be disappearing. Weather wise we had a fantastic summer, which allowed us to get out and about lots and enjoy the sunshine. BBQ's and walks to the Duthie Park for picnics were a real favourite.

Some of our "out of the ordinary trips" included going to the circus, attending a live wrestling show at Inverurie and going to see our friends perform in the Va Va Voom show at the Lemon Tree.

We would like to say a special thank you to all in the Arch Angels group. Their ongoing support and creativity is greatly appreciated and they did a fantastic job organizing and helping at our Best Of British Garden Party in September. We welcomed Angela Taylor to the unit recently with her Therapet Ralph – a gorgeous black Labrador. Everyone loved the session. Watch this space, there will be more to follow!

On the staff front we are delighted to welcome Nadine, Solomon and Tracey and we are looking forward to Bethany joining us in the next few weeks.

Betty's Place at Nairn

Our holiday home was fully booked throughout the summer and praised by everyone who used it for its facilities and great location. Bookings for 2019 are now being taken – please contact the Admin Office for further information.



Westburn Road

During the summer, residents Carolyn, Ann and Nicola all enjoyed a stay at the caravan in Nairn and had lovely weather whilst there. Sheila had a weekend break where she went to see the Coronation Street studios, but was a bit disappointed that she never saw any of the cast! Paul went to the theatre to see Sunshine on Leith and enjoyed singing along with all the songs.

Malcolm has been enjoying the sunny weather and having walks to the park. Brenda joined us for a few months but has now moved to a flat of her own. We have welcomed Courtney and Georgia as permanent staff in the main house, and Margaret has joined the staff in respite, along with Lesley who has moved through from main house. We have also welcomed several new relief members of staff. In respite we made the best of the lovely weather, with many trips to the beach with some being brave enough to go into the water!

Hazlehead and Duthie parks were also on our list of visits. We also went further afield to Camperdown Park, Husky Haven and strawberry picking followed by a trip to Montrose beach. A trip to the carnivals was a great hit with the roller coaster voted favourite followed closely by the log flume. Some of our respite users love to go for a swim and that is on their list of activities when they come to stay.

During a recent holiday break 2 of our respite users enjoyed a walk round Loch Muick - well done girls! After the Celebrate Aberdeen Parade the children from respite loved meeting the lion and the dragon who had also been on the parade.

Our respite garden also had a lovely display of flowers this year thanks to the pupils from Skene Square School who came and worked in the garden.

News From The Units



Berryden Mills

Hello from all of us at Berryden Mills. We have all continued to enjoy various outings and activities since the last newsletter. We all enjoyed the lead up to the Royal Wedding with everyone helping make decorations and then decorating the unit for the big day in May when we had a Wedding Day themed party. One of our newer staff members Ana made a beautiful wedding cake, which was enjoyed by all! Also in May residents Anna and Anest went on holiday to the caravan in Nairn with staff members Ashleigh and Laura and all had a really good time. In June permanent care staff member Angela got married and all four residents were delighted to attend her evening wedding reception and get their photos taken with the bride!

During July we all enjoyed the lovely weather with plenty trips to the beach for ice-creams, outings to Aunty Betty's in Stonehaven, picnics at Westburn Park, and in the evenings the Butchers Arms was frequented a few times for a coke and a game of pool! In August residents Valerie and Morag enjoyed the Emmerdale experience and enjoyed getting their photo's taken at The Woolpack. Daniel, Anest, Morag and Valerie enjoyed participating in The Celebrate Aberdeen Parade followed by attending the performance of I Am What I Am at the Arts Centre.

In September we were all excited by the "Baby Shark" song and were practising the dance and actions regularly. We all made different masks to wear for our performances of grandma, grandpa, mummy, daddy and baby sharks. We also had a Mexican themed night.

Staff member Nicola got us donations of sombreros from the restaurant Chiquitos. Everyone had a great evening wearing their hats and moustaches!!

Resident Valerie was very pleased to become Archway's Charity Shop Official Jigsaw Puzzle Checker, she enjoys popping up to the shop on a Wednesday to collect her puzzles. We are now busy planning our Autumn/Winter activities!!





Dyce

It's been a busy time here at Dyce. We held a Spring Fayre at Dyce Church Hall and A Mad Hatters Themed Garden Party in June, which was great fun. We organised a party night in June featuring popular local band Palomino and lots of families came along to that. Our Friends of Dyce Group continues to meet to help plan events. They organised a parents and carers lunch to give families the opportunity to meet and chat on an informal basis and hope to do this again in the future. We were all delighted when our new wheelchair accessible roundabout was installed – and it has been very popular ever since!

Our volunteers from BPSubSea also came and transformed the garden and all the furniture, play equipment and fences with brightly coloured paint, which makes it more inviting even on the dullest days. We were delighted to take delivery of our new mini bus which can now accommodate 3 wheelchairs and welcomed Fiona Heinonen from Nexen who donated £20,000 to help purchase it. It was used constantly throughout the summer adding enjoyment to many respite stays including trips to Cullen Beach, Camperdown Park, Mystery Tours, McDuff Aquarium, the Spotty Bag Shop for lunch, and Stonehaven. We also used it on trips to gardens centres, the zoology building museum, Duthie Park, Seaton Park, the beach, bowling, cinema, Jump Inn trampoline park, inflate fun park, shopping trips for the girls, and crazy golf sessions for the boys. As many of our service users love the train we also had train trips to Stonehaven and Inverurie and Aberdeen. In house we also enjoyed pamper nights, arts and crafts sessions, baking, discos, karaoke nights and bingo nights. It was our turn to organise the Archway Halloween Party, which was a spookily fun affair, and are planning our Christmas Fayre at Dyce Church Hall on the 24th November from 10am – 12 noon to which everyone is invited! Staff wise we said cheerio to Sammi-Jo who is now working with our day group and Aileen who has moved to relief. We welcomed Nancy and Valerie to our team in September.

Forthcoming **Events**

Wednesday 21st November 12 - 2pm



Archway AGM

Gordon Highlanders Museum, Aberdeen Please RSVP by 16th November T: 01224 643327 E: admin@archway.org.uk



Wednesday 20th March 2019

Psychic Night featuring Annie Moon

Ashvale Fish Restaurant 7pm - 10pm Tickets £20 including supper

To Book T: 01224 643326 E: admin@archway.org.uk



Charity Shop

Our new Charity Shop at 95 Rosemount Place, Aberdeen, has been very busy

Donations of clean, good quality clothing, household items, china and small items of furniture are always welcome.

The shop is open Monday – Saturday from 10am – 4pm.

Charter for Involvement – Can You Help?

We are looking to set up a small working group to look in to implementing the Charter for Involvement across Archway. The Charter for Involvement is a set of principles and statements that organisations can sign up to saying that they commit to working in partnership with people that use their service. The Charter is unique in Scotland as it has been written and developed by people who use services for service providers to make involvement better for everyone. We hope that the working group will have representatives from service users, families, our Board of Directors, staff and managers. The first meeting will be arranged over the next couple of months so if you would like to get involved or would like further information then please get in touch with Emma our General Manager. You can contact her directly by email: emma. watson@archway.org.uk or by calling the Admin Office on 01224 643327.

We rely on support from families and friends to afford the activities, outings, special equipment, minibuses etc. that benefit each and every one coming to Archway – and for our new Appeal too. There's lots you can do!

- Support our fundraising events and ask friends, colleagues and other family members to support them too
- Donate you can donate directly or on line via JustGiving
- Take part in another sponsored event for Archway e.g. Baker Hughes 10K
- Organise your own fundraising event
- Donate raffle prizes, bottles for bottle stalls etc.
- Nominate Archway to benefit from a special occasion
- Become A Volunteer and help Us with Our Fundraising Events
- Support Archway Through A Sporting Challenge

Like us on Social Media



You can keep up-to-date with our news, help raise awareness and support for Archway and the work that we do by liking and sharing our pages with your family and friends.

www.facebook.com/archwayaberdeen www.twitter.com/ArchwayAberdeen www.instagram.com/archwayaberdeen www.linkedin.com/company/archwayaberdeen

Our Charity Shop has a facebook page too - www.facebook.com/ArchwayCharityShopAberdeen